

**PLAYer Car Talk Week 5**

Suggested questions for an engaging recap with your child/children about today’s experience at First Tee of Central Mississippi and practice suggestions to help between classes!

**Weekly Core Value:** Sportsmanship-playing by the rules and acting nice to others no matter if you are winning or losing.

**Weekly Healthy Habit:** Play (recharge your batteries to have more energy)

**Weekly Golf Skill:** Chipping

**Homework Assignment:** p. 21-23 in PLAYer Book.

**Guiding Questions:**

* What did you learn about Sportsmanship?
* How is Sportsmanship connected to Courtesy, Respect, Honesty, and Responsibility?
* Remind me of the parts of the course?
* How do you show Sportsmanship at First Tee?
* How do you show Sportsmanship away from First Tee?
* What did you learn about recharging your batteries today?
* What golf skill did you learn today?
  + Chipping

**Golf Skill Practice:** This week your child reviewed the chipping stroke. We again worked on controlling our distance by making bigger or smaller motions. Here is another way to practice that. Set aside 5 minutes each day to practice this.

* Review the hold and stance of the golf club (see pictures below).
* Add in a “shadow swing” where they can rock their shoulders back and forth but do not hit a golf ball.

