



# Life Skills Experience Certification Guidelines

Required Age 14

Recommended Age 13

Recommended Age 11

Recommended Age 9

Starts at Age 7

## PLAYEr

1. Attend 70% of classes for Minimum of Three Sessions\*\*
2. Demonstrate Core Behaviors at School and Home
3. Complete PLAYEr Yardage book
4. Complete 9 hole putting course with score of 36
5. Complete Walking 3 hole with score of 25 or lower
6. Demonstrate proper handshake with coach
7. Score 80% or higher on written Life and Golf Knowledge Tests

\*\* PLAYers ages 12 and older at the time of participating season only need to complete a minimum of one season if all classes are attended.

## Par

1. Be PLAYEr Certified
2. Attend 70% of Classes for a Minimum of Three Sessions
3. Demonstrate Core Behaviors at School and Home
4. Complete Par Yardage Book
5. Complete 9 Hole Putting Course with score of 27 or lower
6. Complete 3 Hole Up & Down Course with score of 12 or lower
7. Complete One Walking 9 Hole Round with Coach with 70 or lower on minimum of 2,000 yards
8. Score 80% or higher on written Golf and Life Skill Knowledge Tests
9. Participation in at least one First Tee Service Event.

## Birdie

1. Be Par Certified
2. Attend 70% of Classes Minimum 3 Sessions
3. Demonstrate Core Behaviors at School and Home
4. Complete Birdie Yardage Book
5. Complete 9 Hole Putting 23 or Lower
6. Complete 6 Hole Up & Down 21 or lower
7. Hit 3/6 balls on green from 60 yards
8. Complete Five Walking 9 Hole Rounds with a coach scoring 60 or lower minimum 2,500 yards
9. Score 80% or higher on written Golf and Life Skill Knowledge Tests.
10. Participate in at least 2 First Tee Service Opportunities

## Eagle

1. Be Birdie Certified
2. Attend 70% of Classes for a Minimum of Four Sessions
3. Demonstrate Core Behaviors at School and Home
4. Complete Eagle Yardage Book
5. Complete 9 Hole Putting Course with 18 or lower
6. Complete 9 Hole Up & Down with 21 or lower
7. Hit 3/6 balls on the green from 100 yards
8. Hit 3/6 balls in the fairway at least 160 yards
9. Complete Ten walking 18 Hole Rounds with Coach with 100 or lower on minimum 5,000 yards
10. Score 80% or higher on written Golf and Life Skill Knowledge Tests
11. Participate in at least 3 First Tee Service Opportunities

## Ace

1. Be Eagle Certified
2. Complete 4 Ace Projects:
  - Play Fifteen 18 hole rounds posted to a licensed USGA Handicap System
  - Minimum of Three information interviews with three unique businesses and organizations of potential career interest
  - Give Back: Serve as a Volunteer of Junior Coach-Must serve at least 48 hours of service with PLAYEr level classes or with other non-profit agencies.
  - Explore Educational Opportunities-Schedule and visit at least three universities or trade schools and write a one page paper on your experience for each
3. Minimum 12 months to complete
4. Conduct Self Assessment of Golf Skills
5. Exit Interview

All Playing rounds are total strokes until ball is holed out. Players may make a score of 12 or higher twice in a round. The third hole of 12 or higher will result in the player playing a scramble with other players or coach and attempt their certification round at another time. Parents may not give advice or caddie during "certification rounds." We want to see the participants make decisions based on what they have learned.